**PL/APL Training Weekend**

**Date:**  24th – 26th November 2023

**Location:** Lyons Copse Scout Campsite, near Botley

**Times:** Arrive from 7pm to 7.30pm on Friday and Depart at 3pm on Sunday

**Aim:** A Training Weekend for PLs and APLs to develop their Patrol

Leadership Skills.

This weekend is a practical and fun camp that aims to coach PLs/APLs in the following 6 areas, through exercises based on real camp and troop activities.

The PLs/APLs will have the opportunity to analyse and learn from each exercise.

**Leadership Time management**

**Coaching/mentoring Motivation**

**Planning Discipline**

**Cost:** This weekend is for PLs/APLs only with places strictly limited. We

ask that a Leader or Young Leader accompanies a group of Scouts of

more than 3.

Please check places are available before confirming any places to Scouts. Please email dom.howell@hampshirescouts.org.uk

Cost is £35 which includes meals. Transport and tents excluded. Please pay the camp fees to your Troop and they will forward them.

**Leaders:** A Leader, Parent or Young Leader must attend with their Scouts and this could be on a rota basis. They will be actively involved in running the weekend, no cost and all meals provided.

**Equipment:** Scouts will sleep in tents but we have alternative accommodation if the

weather is poor. Catering is central and no need to bring a shelter to cook in or keep dry

Kit list – PL/APL Camp

**Tent kit**

* **All kit must be labelled with name** if you wish to have it returned
* **All kit listed is essential**

(If you have trouble obtaining anything listed, please speak to a Leader before camp as we may be able to help)

* **Warm wear** Please remember that camping can be very cold especially at night. Please ensure your child has warm clothing with them. A number of layers is warmer than one thick one and warmth can be regulated more easily. Do not forget your hands and head. You may get cold and wet. Spare clothing is essential
* **Main luggage** should be limited to a single bag/rucksack – There is not much room in the tent!
* **Black bin bags** are not suitable for bedding rolls as they **tear very easily**, with the result that the contents get lost or soiled in transit, they have also been known to have been thrown away with the rest of the rubbish at the end of camp
* **Sleeping bags** Synthetic filled bags are easier to clean than natural filling. Zips can be a source of cold if no baffle is fitted.

Tent

Sleeping bag

Roll mat

Blanket

Torch with batteries & spare batteries

**Wash bag**

Towel

Flannel

Soap/Shower gel

Toothbrush

Toothpaste

Comb

**Outdoor clothes**

Waterproof jacket

Warm jacket

Trainers (+spare if poss)

Woolly hat/gloves

**Clothes**

Socks

Pants

Trousers

Sweatshirts (warm)

T shirts

Bin liner for dirty/wet belongings

**Eating Kit**

Plate

Bowel

Mug

Knife, fork, spoon

Tea towel

**Medicine**

All medicine to be handed to First Aider on arrival & clearly marked with instructions/name/ dosage

Asthma inhalers – 2 must be brought to camp and

2nd held by First Aider

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| **PL/APL Training Weekend**  **Booking Form - November 2023**  Please email this to [dom.howell@hampshirescouts.org.uk](mailto:dom.howell@hampshirescouts.org.uk) a week before the event | | | |
| **Group Name** |  | | |
| **Contact email** |  | | |
| **Mobile phone number** |  | | |
| **Leader name** |  | | |
| **Number of Leaders attending** | | |  |
| **Number of Young Leaders attending** | | |  |
| **PL/APL Name** | | **Payment made** | **PC Form** |
| 1. | |  |  |
| 2. | |  |  |
| 3. | |  |  |
| 4. | |  |  |
| **Young Leaders attending** | | |  |
|  | | |  |
|  | | |  |
| **Leaders attending** | | **Membership Number** | **Contact Form** |
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| **Please confirm how payment made (including amount, date, account name)** | | | |
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| Please add any comments or any observations on the attendees that would help us?  (could include development areas, experience or areas to focus on | | | |
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| PERMISSION TO CAMP FORM  PL/APL Training Weekend 2023 | |
| This form is to be filled in by the Parents/Guardians of all under 18s attending. It gives the First Aider/Leader in charge, your authority to sign on behalf, any papers needed by the medical authorities in case of emergency hospital treatment | |
| I give permission for:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  of\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Scout Group to attend PL/APL Training Weekend at Lyons Copse between 24-26 Nov 2022  I will inform if he/she has been in contact with any infectious diseases within the 3 weeks prior to the event, and any medicines diet etc that have to be taken/followed during the event, and with the appropriate hospital concerned if under current treatment. If he/she has to take pills or medicine, I will hand them to leader in charge clearly marked with his/her name and exact does on arrival at the event.  Has she/he been in contact with any infectious diseases within the 3 weeks prior to the event **YES/NO**  Medicines currently being taken:  Details of any medical treatment that they are currently receiving:  Has he/she been immunized against tetanus in the last 3 years? **YES/NO**  If no, date of last tetanus \_\_\_/\_\_\_/\_\_\_\_  Please provide details of any allergies to food , medicines or other etc  National Health Number\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Name and address of family doctor | Date of birth: \_\_\_/\_\_\_/\_\_\_\_\_  Your address (during the event):  Your contact phone number (during the event):  Your Troop designated contact for the event:  Persons name:  Phone number:  The following medication will be available if required.  Please indicate which may be used on your child  Ibuprofen  **YES/NO**  Anti-histamine (piriton or similar)  **YES/NO**  Midge repellent **YES/NO**  Please list any essential dietary requirements:  Please list any special need?:  I understand that the Leader in charge reserves the right to send any participant home if necessary. If it becomes necessary for my child to receive medical treatment and I cannot be contacted by telephone or any other means to authorise this, I hereby give my general consent to any necessary medical treatment and authorise the First Aider/leader in charge to sign any document required by hospital authorities.    Signed:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (parent/guardian)  Date:\_\_\_/\_\_\_/\_\_\_\_\_ |
| Please provide any further information | |
| Please provide any other relevant information overleaf  All information supplied will be treated in the strictest confidence | |
| Occasionally, photographs from the event and its activities are use in Scouting newsletters, parents evenings and promoting the camp etc. Care is taken to ensure that the photos are appropriate and reflect Scouting at its best.  All activities will be run in accordance with The Scout Association’s safety rules. No responsibility for the personal equipment /clothing and effects can be accepted by the event organisers and The Scout Association does not provide automatic insurance cover in respect to such items. | |

**Lyons Copse**

From Wickham take A334

Take left turn just past farm shop and continue on A334

Turn right into Sandy Lane

Follow single track road PAST hotel

Lyons Copse Scout Campsite is on your left – on a bend

Address is:

**Lyons Copse  
Sandy Lane  
Shedfield  
SO32 2HQ**

