

## Expedition Challenge Weekend

The aim of this weekend is to enable Scouts to complete their Expedition Challenge through hike.

Scouts will arrive Friday evening and plan their route, based on key locations they have to visit over the two days with an overnight stop. We will also give them refresher training on using a map, compass and safety during the evening and they will decide what their "goal" for the expedition will be (if not already decided).



The organisers will provide the food for cooking over the weekend, packed lunches and reasonably sized supper on Friday.

Scouts should attend as full teams (min 4, max 6)..

**"Take part in an expedition over two days (including a night away) with at least three friends. Be involved in the planning of the expedition, complete relevant training and be properly prepared. During the expedition:**

- **Play a full part in the team**
- **Journey for at least four hours each day**
- **Use a map to keep track of where you are**
- **Stay overnight at a hostel or other suitable venue, or camp overnight at a suitable site**
- **Cook the evening meal and breakfast**
- **Achieve at least one goal, agreed with your Leader before the expedition"**

**Date:** 9-11 May 2025

**Location:** Ferny Crofts

**Arrival:** from 6pm - 7.30pm, Friday

**Departure:** from 3pm - 4pm, Sunday

**Cost:** £38 per Scout for the hike expedition (excludes transport, tents and personal equipment)

**Payment:** Payments to be made to the Troop who pass the payment on to the organisers  
Payment must be received a week before the event at the latest. No cheque or cash payments.

**Bookings:** Please reserve places by email to [dom.howell@hampshirescouts.org.uk](mailto:dom.howell@hampshirescouts.org.uk)



In preparation, we ask that Scouts organise their own personal kit, tents to sleep in (and cooking equipment). They will only carry a day sack with essentials during the bike/cycle, not all their equipment. Please ensure your Scouts are prepared.

**Scouts should be capable of walking for 4 hours over light hilly ground. Familiarity with a map, grid references and bearings essential although we will provide a refresher.**

A Leader, Young Leader or parent should attend the weekend with their Troop and they are welcome to help with the training and manning checkpoints. There will be no cost and meals and indoor accommodation will be provided.

Scouts might be able to attend without being part of a team of 4 or more. We will join them up with another Team. Please contact the booking email to discuss.



## Expedition Challenge Hike

- Date:** 9-11 May 2025
- Location:** The Hampshire Scout Expedition Challenge Hike will be based at Ferny Crofts. It will be the starting point, finishing point and overnight campsite.
- Cost:** £38 (includes food and campsite fees, excludes transport, tents and personal equipment)
- Report in:** 6pm - 7.30pm, Friday
- Teams:** Teams of 4 or more, however Scouts may attend without being part of a full team. We will join them up with another Team. Please contact [dom.howell@hampshirescouts.org.uk](mailto:dom.howell@hampshirescouts.org.uk) to discuss.
- Duration:** The Expedition Challenge requires the Scouts to walk for at least 4 hours each day. Scouts also have to camp overnight and prepare their own meals.
- Details:** On reporting in, instructions will be given and departure time(s) allocated. The equipment required for each hike will be checked before the team leaves the Camp.
- Kit:** During each segment of the hike, each Team must have at least one rucksack(day sacks are permitted to spread the load), containing spare clothing, water, torch, personal first aid kit, some extra food a survival bag (per Team) and your food for lunch, which will be eaten during the hike (food and water will be provided). The equipment carried by each team will be checked before the team is allowed to start the hike.
- Each Scout must wear hike boots or equivalent strong shoes, and have a waterproof coat and waterproof trousers.
- An OS Explorer Map for the New Forest, two mobile phones, a whistle and compass are essential equipment for each team.
- If any item is missing, the team will not be allowed to take part.
- Route:** Teams will undertake two different hikes (one on Saturday and one on Sunday), each starting and finishing at Ferny Crofts. Each Team must plan its own route (the night before) visiting the check points assigned in the right order with the route to be completed solely on foot.

**EACH TEAM MUST REPORT THEIR ARRIVAL BACK AT ROWLANDS CASTLE TO THE ORGANISING TEAM AT THE END OF EACH HIKE**



The organisers can cover the Nights Away Permit (with your District Commissioners approval)

## Expedition Challenge Kit List

Personal Kit	Team Equipment
<p><b>Essential Clothing</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> 2 warm T shirts</li> <li><input type="checkbox"/> 2 jumpers</li> <li><input type="checkbox"/> 2 pairs of trousers</li> <li><input type="checkbox"/> 2 pairs of socks</li> <li><input type="checkbox"/> 2 changes of underwear</li> <li><input type="checkbox"/> handkerchief/tissues</li> <li><input type="checkbox"/> warm coat or fleece</li> <li><input type="checkbox"/> waterproofs</li> <li><input type="checkbox"/> hike boots and/or strong trainers</li> <li><input type="checkbox"/> spare trainers</li> <li><input type="checkbox"/> warm hat</li> <li><input type="checkbox"/> gloves</li> <li><input type="checkbox"/> sleeping bag</li> <li><input type="checkbox"/> sleeping mat (optional)</li> <li><input type="checkbox"/> blanket (optional)</li> <li><input type="checkbox"/> Pyjamas</li> </ul> <p><b>Essential kit</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> day rucksack</li> <li><input type="checkbox"/> rucksack or holdall for clothing</li> <li><input type="checkbox"/> two refillable drinks bottles</li> <li><input type="checkbox"/> plate, bowl and mug</li> <li><input type="checkbox"/> knife, fork and spoon</li> <li><input type="checkbox"/> wash kit</li> <li><input type="checkbox"/> towel</li> <li><input type="checkbox"/> torch</li> <li><input type="checkbox"/> spare torch batteries</li> <li><input type="checkbox"/> plastic bag for wet clothes</li> <li><input type="checkbox"/> pen or pencil/notepad</li> <li><input type="checkbox"/> medicines - if necessary</li> </ul>	<p><b>Each Team to bring the following items.</b> If you are not attending as a full team please discuss what items of this equipment you should bring with the organisers.</p> <p>A shelter will be provided by the organisers to cook under and to stay dry if raining</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> sleeping tents</li> <li><input type="checkbox"/> 2 burner cooking stove</li> <li><input type="checkbox"/> frying pan</li> <li><input type="checkbox"/> 2 dixies (appropriate to team size)</li> <li><input type="checkbox"/> measuring jug</li> <li><input type="checkbox"/> cooking utensils</li> <li><input type="checkbox"/> tin opener</li> <li><input type="checkbox"/> matches</li> <li><input type="checkbox"/> tea towels</li> <li><input type="checkbox"/> further cooking equipment and stoves if any dietary requirements require food to be cooked separately</li> <li><input type="checkbox"/> OS Leisure Map 22 (New Forest),</li> <li><input type="checkbox"/> compass</li> <li><input type="checkbox"/> whistle</li> <li><input type="checkbox"/> bivi bag (or similar)</li> <li><input type="checkbox"/> 2 mobile phones per Team (to allow the Team to text their location back to base at agreed points)</li> </ul>

<b>Expedition Challenge Weekend Booking Form</b> Please email this to <a href="mailto:dom.howell@hampshirescouts.org.uk">dom.howell@hampshirescouts.org.uk</a>				
<b>Group Name</b>				
<b>Contact email</b>				
<b>Leader name</b>				
<b>Postal address</b>				
<b>Mobile Phone number</b>				
<b>Fees</b>	<b>Cost</b>		<b>Numbers</b>	<b>Total (£)</b>
Hike Challenge	£38 per Scout			
<b>Number of Leaders attending</b>				
<b>Number of Young Leaders attending</b>				
<b>Scout Name (if more than 10 Scouts attending please duplicate this form)</b>			<b>Hike Fees @ £38</b>	<b>PC Form</b>
1.				Y/N
2.				Y/N
3.				Y/N
4.				Y/N
5.				Y/N
6.				Y/N
7.				Y/N
8.				Y/N
9.				Y/N

10.		Y/N
<b>Young Leaders attending</b>		<b>PC Form</b>
		Y/N
		Y/N
		Y/N
		Y/N
<b>Leaders Attending (a leader or parent must attend the weekend or attend on a rota basis)</b>	<b>Membership Number</b>	<b>Contact Form</b>
<b>Please confirm how payment made (including amount, date, account name)</b>		

## PERMISSION TO CAMP FORM Expedition Challenge Weekend 2025

This form is to be filled in by the Parents/Guardians of all under 18s attending. It gives the First Aider/Leader in charge, your authority to sign on behalf, any papers needed by the medical authorities in case of emergency hospital treatment

I give permission for: \_\_\_\_\_  
of \_\_\_\_\_ Scout Group to attend Expedition Challenge Weekend at Ferny Crofts between 9-11 May 2025

I will inform the organisers if he/she has been in contact with any infectious diseases within the 3 weeks prior to the event, and any medicines, diet etc that have to be taken/avoided during the event, and with the appropriate hospital concerned if under current treatment. If he/she has to take pills or medicine, I will hand them to the leader in charge clearly marked with his/her name and exact doses on arrival at the event.

Has she/he been in contact with any infectious diseases within the 3 weeks prior to the event  
**YES/NO**

Medicines currently being taken:

Details of any medical treatment that they are currently receiving:

Has he/she been immunized against tetanus in the last 3 years? **YES/NO**

If no, date of last tetanus \_\_\_/\_\_\_/\_\_\_

Please provide details of any allergies to food, medicines or other etc

National Health Number \_\_\_\_\_

Name and address of family doctor

Date of birth: \_\_\_/\_\_\_/\_\_\_

Your address (during the event):

Your contact phone number (during the event):

Your Troop designated contact for the event:  
Persons name:

Phone number:

The following medication will be available if required. Please indicate which may be used on your child

Ibuprofen	<b>YES/NO</b>
Anti-histamine (piriton or similar)	<b>YES/NO</b>
Midge repellent	<b>YES/NO</b>

Please list any essential dietary requirements:

Please list any special need?:

I understand that the Leader in charge reserves the right to send any participant home if necessary. If it becomes necessary for my child to receive medical treatment and I cannot be contacted by telephone or any other means to authorise this, I hereby give my general consent to any necessary medical treatment and authorise the First Aider/leader in charge to sign any document required by hospital authorities.

Signed: \_\_\_\_\_ (parent/guardian)

Date: \_\_\_/\_\_\_/\_\_\_

Please provide any further information

Please provide any other relevant information overleaf  
All information supplied will be treated in the strictest confidence

Occasionally, photographs from the event and its activities are used in Scouting newsletters, parents evenings and promoting the camp etc. Care is taken to ensure that the photos are appropriate and reflect Scouting at its best. All activities will be run in accordance with The Scout Association's safety rules. No responsibility for the personal equipment/clothing and effects can be accepted by the event organisers and The Scout Association does not provide automatic insurance cover in respect to such items.



<b>Leader Contact Form</b>	
Leader Name	
Membership Number	
Group Name	
Mobile phone number	
Email address	
Home address	
Car Registration (if car on site)	
Home Contact name	
Home contact address	
Home phone number	
Any essential dietary requirements	
Any medical conditions the First Aiders should be aware of	